

## THE EMPOWERED CAREGIVER SERIES



**St. Matthew Catholic Church | 8015 Ballantyne Commons Pkwy., Charlotte NC 28277**

***All sessions are on Tuesdays from 2:00-3:30PM***

Caring for someone living with dementia brings a unique set of challenges and rewards. Learn to navigate the responsibilities of middle and late stage caregiving in this education program.

### **Topics in the program include:**

- Building Foundations of Caregiving | June 2
- Supporting Independence | June 9
- Communicating Effectively & Responding to Dementia-Related Behaviors | June 17
- Managing Money for Caregivers and Exploring Care & Support Services | June 24

Participants are not required to attend all sessions. There is no fee, but registration is required by May 20.

Contact Sandra Breakfield,  
Elder Ministry Program Director  
at 704-370-3220 or  
[sandrab@ccdccc.org](mailto:sandrab@ccdccc.org) for more  
information.



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