



POWERFUL TOOLS FOR CAREGIVERS IN-PERSON CLASS FOR FAMILY CAREGIVERS

POWERFUL TOOLS FOR CAREGIVERS (PTC) CLASS SERIES IS AN IN-PERSON EDUCATIONAL PROGRAM DESIGNED TO HELP FAMILY CAREGIVERS TAKE CARE OF THEMSELVES WHILE CARING FOR A RELATIVE OR FRIEND WHO HAS A CHRONIC ILLNESS. YOU WILL BENEFIT FROM THIS CLASS WHETHER YOU ARE HELPING A PARENT, SPOUSE, OR FRIEND WHO LIVES AT HOME, IN A LONG-TERM CARE FACILITY, OR ACROSS THE COUNTRY.

**THIS PTC CLASS SERIES MEETS WEEKLY ON THURSDAY
FOR SIX WEEKS BEGINNING JANUARY 18, 2024**

DATE: THURSDAY, JANUARY 18, 25, FEBRUARY 1, 8, 15, 22, 2024

TIMES: 1:00PM - 2:30PM

**LOCATION: ST. LUKES LUTHERAN CHURCH
206 CENTRAL AVENUE
2ND FLOOR - FAMILY LIFE CENTER
SUMMERVILLE, SC 29483**

**TO REGISTER: THE ARK
JAN HYATT
843-822-4703 (CELL)
843-471-1360 (OFFICE)**

COST: WORKSHOP IS FREE