



POWERFUL TOOLS FOR CAREGIVERS IN-PERSON CLASS FOR FAMILY CAREGIVERS

POWERFUL TOOLS FOR CAREGIVERS (PTC) CLASS SERIES IS AN IN-PERSON EDUCATIONAL PROGRAM DESIGNED TO HELP FAMILY CAREGIVERS TAKE CARE OF THEMSELVES WHILE CARING FOR A RELATIVE OR FRIEND WHO HAS A CHRONIC ILLNESS. YOU WILL BENEFIT FROM THIS CLASS WHETHER YOU ARE HELPING A PARENT, SPOUSE, OR FRIEND WHO LIVES AT HOME, IN A LONG-TERM CARE FACILITY, OR ACROSS THE COUNTRY.

**THIS PTC CLASS SERIES MEETS WEEKLY ON TUESDAY FOR
SIX WEEKS BEGINNING AUGUST 22, 2023**

DATE: TUESDAY, AUGUST 22, 29, SEPTEMBER 5, 12, 19 & 26TH

TIMES: 10:00AM - 11:30AM

**LOCATION: WILDCAT SENIOR LIVING
2101 CANE BAY BLVD
SUMMERVILLE, SC 29486**

**TO REGISTER: THE ARK
JAN HYATT
843-822-4703 (CELL)
843-471-1360 (OFFICE)**



COST: WORKSHOP IS FREE