



Optimum Life®

Health Talk

Alzheimer's Awareness

Alzheimer's is a disease of the brain that causes problems with memory, thinking and behavior. It is not a normal part of aging. More than 5 million Americans have Alzheimer's disease, the most common form of dementia. This presentation will define and discuss the disease including symptoms, diagnosis, and tips that can reduce the risk of cognitive decline.

Brookdale South Park
Alzheimer's and
Dementia Care
5326 Park Road
Charlotte, NC 28209

► **Monday, November 16, 2020**

Noon to 1:00 p.m.

ZOOM ID: 719.012.2567

For more information or to RSVP:

704.816.9241

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